

Struthers Middle School Lunch Menu

Food Service Director: Dru Clyde
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August

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free White and Low Fat White

Paid \$2.50
Reduced \$.40
Adult \$3.50

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			22 Popcorn Chicken Crispy Fries Choice of Fruit Choice of Milk	23 Cheeseburger Slider Glazed Carrots Choice of Fruit Choice of Milk	24 Papa Johns Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie
27 Pancakes Hash Brown Potato Sausage Links Choice of Fruit Choice of Milk	28 Hot Dog Baked Beans Snack Bag Choice of Fruit Choice of Milk	29 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	No School	No School	No School
Monday Alternate Corn Dog	Tuesday Alternate Bosco Cheese Sticks	Wednesday Alternate Cheeseburger Sliders	Thursday Alternate Fresh Made Salads	Friday Alternate Asst Wraps	