

Struthers City Schools

MIDDLE SCHOOL LUNCH MENU
 Dru Clyde, Director of Food Services
 330-750-1062

May 2018

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

**Students must choose at least one fruit or vegetable*



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

*May choose two 1/2 cup serving

MENUS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Milk Choices Offered Daily

Fat Free Chocolate,
 Fat Free White and Low Fat White

Lunch Prices: Paid \$ 2.50
 Reduced \$.40
Breakfast Prices: Paid \$ 1.50
 Reduced \$.30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Fresh Salads Available Daily	1 Mexican Pizza Cheesy Refried Beans Sweet Potato Soufflé Choice of Fruits Choice of Milk	2 Chicken Sandwich Crispy Waffle Fries Choice of Fruits Choice of Milk	3 Pasta W/ Meatballs Dinner Roll Seasoned Green Beans Choice of Fruit Choice of Milk	4 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie
Check the Cafeteria Menu Board for Alternate Options and a Variety of Daily Specials	7 Cheeseburger W/ Toppings Breaded Onion Rings Choice of Fruit Choice of Milk	8 Maxi Cheese Sticks W/ Sauce Honey Glazed Carrots Choice of Fruit Choice of Milk	9 Crispy or Spicy Chicken Sandwich Seasoned Green Beans Choice of Fruit Choice of Milk Fruit Roll Up	10 Beefy Nachos w/ Cheese and Salsa Cheesy Refried Beans Or Peas Choice of Fruit Choice of Milk	11 Papa John's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie
	14 Hot Dog w/ Toppings BBQ Baked Beans Assorted Chips Choice of Fruit Choice of Milk	15 Cheeseburger Sliders Honey Glazed Carrot Coins Choice of Fruit Choice of Milk Teddy Grahams	16 Homemade Italian Dunkers W/ Sauce Green Beans Choice of Fruit Choice of Milk	17 Crispy Popcorn Chicken Warm Soft Pretzel Whipped Potatoes Choice of Fruit Choice of Milk	18 Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie
	21 Chicken Quesadilla Cheesy Refried Beans Choice of Fruit Choice of Milk	22 Bosco Cheese Sticks Tasty Treetop Broccoli Choice of Fruit Choice of Milk	23 Walking Taco W/ Rice & Cheese/Salsa Sweet Corn Choice of Fruit Choice of Milk	24 Pancakes W/ Syrup Crispy Breakfast Potatoes Choice of Fruit Choice of Milk	25 Papa John's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie
	28 NO SCHOOL MEMORIAL DAY	29 Cook's Choice Vegetable Choice Choice of Fruit Choice of Milk	30 Cook's Choice Vegetable Choice Choice of Fruit Choice of Milk	31 Papa John's Pizza Romaine Salad Choice of Fruit Choice of Milk	Daily Wrap/Sandwich Options May Include: Spicy Chicken Wrap Deli Turkey Wrap Peanut Butter & Jelly
	Monday Alternate Crispy Chicken Sandwich	Tuesday Alternate Corn Dog on a Stick	Wednesday Alternate Hamburger on a Bun	Thursday Alternate Cheese Filled Max Stix	Friday Alternate Assorted Wraps/ Salads