



# Struthers City Schools

MIDDLE SCHOOL LUNCH MENU  
 Dru Clyde, Director of Food Services  
 330-750-1062

March 2018		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>What Makes a Meal?</b> You must choose at least 3 of 5 components available for the school lunch price.  Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk <i>*Students must choose at least one fruit or vegetable</i>		Fresh Salads Available Daily	Daily Wrap/Sandwich Options May Include:  Spicy Chicken Wrap Deli Turkey Wrap Peanut Butter & Jelly		1  Grilled Cheese Sandwich Tomato Soup Choice of Fruit Choice of Milk	2  Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk <b>Fresh Cookie</b>
		5	Bosco Cheese Sticks Seasoned Green Beans Choice of Fruit Choice of Milk	6  Walking Taco Spanish Rice Cheesy Refried Beans Choice of Fruit Choice of Milk	7  Crispy Chicken Sandwich Sweet Potato Fries Choice of Fruit Choice of Milk	8  Boneless Chicken Wings French Fries Choice of Fruit Choice of Milk
<b>Fresh Fruits and Vegetables Offered Daily</b>  *Vegetables may include: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber *May choose two 1/2 cup servings  *Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce *May choose two 1/2 cup serving		12  Cheeseburger Sliders Onion Rings Choice of Fruit Choice of Milk	13  Mexican Pizza Seasoned Corn Choice of Fruit Choice of Milk	14  Crisp Chicken Nuggets with Soft Pretzel Glazed Carrots Choice of Fruit Choice of Milk	15  Corn Dog Baked Beans Choice of Fruit Choice of Milk	16  Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk <b>Fresh Cookies</b>
	<b>MENUS SUBJECT TO CHANGE</b>	19  Homemade Italian Dunkers Green Beans Choice of Fruit Choice of Milk	20  2 Beef Soft Tacos Cheesy Bean Dip Choice of Fruit Choice of Milk	21  Popcorn Chicken Bowl Mashed Potatoes Choice of Fruit Choice of Milk	22  Ravioli with Dinner Roll Honey Glazed Carrots Choice of Fruit Choice of Milk	23  Papa John's Pizza Romaine Salad Choice of Fruit Choice of Milk <b>Fresh Cookie</b>
This institution is an equal opportunity provider.	26  Breakfast for Lunch Pancakes w/ Syrup Sausage Patty Crispy Hash Brown Potatoes Choice of Fruit Choice of Milk	27  Holiday Lunch Chef Carved Turkey Mashed Potatoes Dinner Roll Choice of Fruit Choice of Milk <b>Holiday Dessert</b>	28  Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk	29  NO SCHOOL	30  NO SCHOOL	
	<b>Milk Choices Offered Daily</b> Fat Free Chocolate, Fat Free White and Low Fat White  Lunch Prices:      Breakfast Prices: Paid \$ 2.50          Paid \$ 1.50 Reduced \$ .40      Reduced \$ .30	Monday Alternate Crispy Chicken Sandwich	Tuesday Alternate  Corn Dog on a Stick	Wednesday Alternate  Hamburger on a Bun	Thursday Alternate  Cheese Filled Max Stix	Friday Alternate Assorted Wraps/ Salads