



# Struthers City Schools

HIGH SCHOOL LUNCH MENU  
 Dru Clyde, Director of Food Services  
 330-750-1062

March 2018		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>What Makes a Meal?</b> You must choose at least 3 of 5 components available for the school lunch price.  Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk <i>*Students must choose at least one fruit or vegetable</i>		Fresh Salads Available Daily  Check the Cafeteria Menu Board for Alternate Options and a Variety of Daily Specials	Daily Wrap/Sandwich Options May Include:  Spicy Chicken Wrap Deli Turkey Wrap Tuna or Egg Salad Peanut Butter & Jelly		1  Grilled Cheese Sandwich Tomato Soup Choice of Fruit Choice of Milk	2  Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie
		5  Bosco Cheese Sticks Seasoned Green Beans Choice of Fruit Choice of Milk	6  Walking Taco Spanish Rice Cheesy Refried Beans Choice of Fruit Choice of Milk	7  Philly Cheesesteak Sweet Potato Fries Choice of Fruit Choice of Milk	8  Boneless Chicken Wings French Fries Choice of Fruit Choice of Milk	9  Papa John's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie
<b>Fresh Fruits and Vegetables Offered Daily</b>  *Vegetables may include: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber *May choose two 1/2 cup servings  *Fruits may include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce *May choose two 1/2 cup serving	12  Cheese Burger Sliders Onion Rings Choice of Fruit Choice of Milk	13  BBQ Pulled Pork Sandwich BBQ Baked Beans Choice of Fruit Choice of Milk	14  Crisp Chicken Nuggets with Dinner Roll Seasoned Corn Choice of Fruit Choice of Milk	15  Corn Dog Roasted Carrots Choice of Fruit Choice of Milk	16   Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookies	
MENUS SUBJECT TO CHANGE	19  Homemade Italian Dunkers Green Beans Choice of Fruit Choice of Milk	20  Beefy Nachos with Cheese Cheesy Bean Dip Choice of Fruit Choice of Milk	21  Popcorn Chicken Bites Mashed Potatoes W/Gravy Choice of Fruit Choice of Milk	22  Ravioli with Dinner Roll Honey Glazed Carrots Choice of Fruit Choice of Milk	23  Papa John's Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Cookie	
This institution is an equal opportunity provider.	26  Breakfast for Lunch French Toast Sticks Sausage Links Crispy Hash Brown Potatoes Choice of Fruit Choice of Milk	27  Holiday Lunch Turkey and Gravy Mashed Potatoes Dinner Roll Choice of Fruit Choice of Milk Holiday Dessert	28  Cocca's Pizza Romaine Salad Choice of Fruit Choice of Milk	29  NO SCHOOL	30  NO SCHOOL	
<b>Milk Choices Offered Daily</b> Fat Free Chocolate, Fat Free White and Low Fat White  Lunch Prices:      Breakfast Prices: Paid \$ 2.75          Paid \$ 1.50 Reduced \$ .40      Reduced \$ .30	Monday Alternate Crispy Chicken Sandwich	Tuesday Alternate Fiestada Pizza	Wednesday Alternate Hamburger on a Bun	Thursday Alternate Cheese Filled Max Stix	Friday Alternate Assorted Wraps/ Salads	