

Struthers Elementary Lunch Menu

Food Service Director: Dru Clyde
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September

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
**May choose two 1/2 cup servings*

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
**May choose 1/2 cup serving*

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Paid \$x.xx
Reduced \$.xx
Adult \$

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NO SCHOOL	4 Crispy Chicken Sandwich Hash Brown Potatoes Choice of Fruit Choice of Milk	5 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	6 Beef Ravioli W/ Sauce Glazed Carrots Fresh Dinner Roll Choice of Fruit Choice of Milk	7 Mini Corn Dogs Homestyle Baked Beans Choice of Fruit Choice of Milk
10	Chicken Nuggets Creamy Mashed Potatoes Choice of Fruit Choice of Milk	11 Walking Taco Refried Beans With Salsa & Cheese Choice of Fruit Choice of Milk	12 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	13 Macaroni and Cheese Seasoned Green Beans Choice of Fruit Choice of Milk	14 Juicy Hot Dog Glazed Carrots Bonus Snack Bag Choice of Fruit Choice of Milk
17	Hamburger Patty Baked French Fries Choice of Fruit Choice of Milk	18 Pepperoni Rolls Green Beans Choice of Fruit Choice of Milk	19 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	20 Pasta With Meatballs Fresh Carrots & Celery Fresh Dinner Roll Choice of Fruit Choice of Milk	21 Grilled Cheese Tomato Soup Roasted Chik Peas Choice of Fruit Choice of Milk
24	Chicken Bites Roasted Carrots Choice of Fruit Choice of Milk	25 Bosco Cheese Sticks W/ Dipping Sauce Italian Green Beans Choice of Fruit Choice of Milk	26 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	27 Pancakes W/ Syrup Hash browns Sausage Links Choice of Fruit Choice of Milk	28 Mexican Pizza Refried Beans or Fiesta Corn Choice of Fruit Choice of Milk
	Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate