

Struthers Elementary Lunch Menu

Food Service Director: Dru Clyde
Dru.Clyde@strutherscityschools.org
330-750-1062 x 41328

OCTOBER

Wildcats

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*

Fresh Fruits and Vegetables Offered Daily

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings

***Fruits may include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE

Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Free Lunch for ALL Students

This institution is an equal opportunity provider

Whole Grains Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Crispy Chicken Nuggets Creamy Mashed Potatoes Choice of Fruit Choice of Milk	2 Mexican Pizza Fresh Carrot Sticks Seasoned Corn Choice of Fruit Choice of Milk	3 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	4 Turkey, Ham & Cheese Sub Green Beans Choice of Fruit Choice of Milk	5 Corn Dog Baked Beans Bonus Snack Bag Choice of Fruit Choice of Milk
8	Hamburger on a Bun Baked French Fries Choice of Fruit Choice of Milk	9 Bosco Cheese Sticks With Dipping Sauce Green Beans Choice of Fruit Choice of Milk	10 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	11 Pasta with Meatballs Carrot & Celery Sticks with Ranch Dip Choice of Fruit Choice of Milk	12 No School
15	Popcorn Chicken Soft Pretzel Seasoned Cauliflower Mashed Potato Choice of Fruit Choice of Milk	16 Hot Dog Baked Beans Bonus Snack Bag Choice of Fruit Choice of Milk	17 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	18 Breakfast For Lunch French Toast Stick Sausage Links Tri Potato Choice of Fruit Choice of Milk	19 Grilled Cheese Tomato Soup Celery & Carrot Sticks Goldfish Cracker Choice of Fruit Choice of Milk
22	Crispy Chicken Sandwich Tator Tots Choice of Fruit Choice of Milk	23 Walking Taco Refried Beans Creamy Peas Salsa Cheese & Lettuce Choice of Fruit Choice of Milk	24 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie	25 Cocca's Pepperoni Rolls Glazed Carrots Choice of Fruit Choice of Milk	26 Mac & Cheese Seasoned Green Beans Broccoli Choice of Fruit Choice of Milk
29	Chicken Nuggets Mashed Potatoes Choice of Fruit Choice of Milk	30 Meatball Sub Green Beans Animal Crackers Choice of Fruit Choice of Milk	31 Papa Johns Pizza Romaine Salad Choice of Fruit Choice of Milk Fresh Baked Cookie		
	Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate