

# OCTOBER HIGH SCHOOL BREAKFAST/ LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Spicy or Plain Chicken Patty Tri Potato Choice of Fruits Choice of Milk	3 Pretzal Bosco cheese sticks Green Beans Jello /Topping Choice of Fruits Choice of Milk	4 Hot Dog w/Bun Baked Beans Snack Bag Choice of Fruits Choice of Milk	5 Cillantro Lime Rice w/ Chicken Black Beans / Assorted Salsa Choice of Fruits Choice of Milk	6 Papa Johns Romaine Salad Side Kick Choice of Fruit Choice of Milk
9 Popcorn Chicken w/ Roll Mashed Potato Gravy Choice of Fruits Choice of Milk	10 Hamburger Corn Snack Bag Choice of Fruits Choice of Milk	11 Nacho Chips With Meat Peas / Cheese Refried Beans / Salsa Choice of Fruits Choice of Milk	12 Cocca,s Pizza Romaine Salad Side Kick / Cookie Choice of Fruit Choice of Milk	13 NO SCHOOL
16 Popcorn Chicken w/ Roll Mashed Potato Gravy Choice of Fruits Choice of Milk	17 Cocca's Pepperoni Roll Broccoli Choice of Fruits Choice of Milk	18 Chicken Quesadilla or Buffalo Chicken Dip with Tortilla Chips Corn Choice of Fruits Choice of Milk	19 Pancakes Tri Potato Sausage Links Choice of Fruit Choice of Milk	20 Papa Johns Romaine Salad Side Kick / Cookie Choice of Milk
23 Spicy or Plain Chicken Patty Mashed Potato Gravy Choice of Fruits Choice of Milk	24 Mexican Pizza or Homemade pizza Green Beans Choice of Fruits Choice of Milk	25 Soft Taco Corn / Cheese /Lettuce Refried Beans / Salsa Choice of Fruits Choice of Milk	26 Rotini /Meat Balls Green Beans Garlic Breadstick Choice of Fruit Choice of Milk	27 Cocca,s Pizza Romaine Salad Side Kick / Cookie Choice of Fruit Choice of Milk
30 Popcorn Chicken w/ Roll Mashed Potato Gravy Choice of Fruits Choice of Milk	31 Philly Cheese Steak Hoagie Corn Snack Bag Choice Of Fruit Choice of Milk		<b>FRESH FRUIT &amp; VEGGIES:</b> <ul style="list-style-type: none"> <li>• CELERY STICKS</li> <li>• BABY CARROTS</li> <li>• APPLES/ORANGES</li> <li>• BANANAS</li> </ul>	<b><u>DAILY OPTIONS:</u></b> <ul style="list-style-type: none"> <li>• GARDEN SALAD</li> <li>• POPCORN CHICKEN SALAD</li> <li>• SPICY OR TURKEY WRAP</li> <li>• TUNA &amp; EGG SALAD</li> </ul> PEANUT BUTTER & JELLY
<b>Monday Breakfast</b> Cereal w/ Graham Cracker	<b>Tuesday Breakfast</b> Cinnamon Oatmeal w/ Granola Bar	<b>Wednesday Breakfast</b> Cereal w/ Graham Cracker	<b>Thursday Breakfast</b> Cinnamon Oatmeal w/ Granola Bar	<b>Friday Breakfast</b> Mini Pancakes/ Mini French Toast

\*MENU SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER